



Ko te Poari Kaimātai Hinengaro te mana ture e:

- mahi ana ki te tiaki i te iwi whānui mō ngā kaimātai hinengaro
- whakarite ana ko rātau anake kua rēhitatia ki te Poari e āhei ana ki te whakamahi i te taitara 'Kaimātai Hinengaro'
- pupuri ana i tētahi Rēhita Kaimātai Hinengaro me te whakaatu i tēnei ki te iwi whānui ki runga i tana paetukutuku
- whakatau paerewa ana mō te rēhitatanga me ngā mahi
- whakarongo ana ki ngā āwangawanga, amuamu rānei mō ngā ratonga kaimātai hinengaro

Whakapā atu ki te Poari mō ētahi atu kōrero

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New Zealand
PSYCHOLOGISTS BOARD
Te Poari Kaimātai Hinengaro
o Aotearoa

Te Kōrerorero ki tētahi Kaimātai Hinengaro

Ka āwhina i ngā tāngata, whānau, whakahaere, me ngā hapori ki te whakapai ake i a rātau anō mā ngā tikanga maha

Ko ētahi o ngā āwhina e whakaratohia ana:

- te whakahaere i ō rātau raruraru, pōuri hoki o ia rā
- te hauora me te oranga hinengaro
- ngā whanaungatanga me te tumu kōrero ā-whānau
- ngā uauatanga ako me te mātauranga
- ngā mahinga hākinakina
- ngā mahi whakahaere
- ngā aromatawai mātanga

Ko tāu hei tūmanako mai i tōkaimātai hinengaro:

- kei runga i te Rēhita a Te Poari Kaimātai Hinengaro, ā, kei a ia tētahi tiwhikete mahi onāiane
- he ū ki ngā paerewa pūkenga teitei me ngā mahinga matatika a te Poari
- kei a ia ngā pūkenga mātanga hei whakarite i ōhiahia
- ka tono i tō whakaaetanga mōngā ratonga e tukuna atu ki a koe

Kei a koe te motika:

- kia manaakitia, kia whakanuia koe
- ki te tango i tō whakaaetanga ki te kore koe e rata ki ngā ratonga i whiwhi koe
- kia puritia tūmataititia ō kōrero
- kia whakamōhiohia mēnā ka whai wāhi atu tētahi atu ki ō kōrero

Ētahi atu kōrero

Te Toihau Hauora, Hauātanga **Waea** 0800 11 22 33 **w** www.hdc.org.nz

Te Mana Mātāpono Matatapu **Waea** 0800 803 909 **w** www.privacy.org.nz

TE POARI KAIMĀTAI HINENGAO O AOTEAROA 2015